

WEEK # 5

Menu 2018

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<u>Breakfast Menu Items For The Week</u>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	July.16 MONDAY	July.17 TUESDAY	July.18 WEDNESDAY	July.19 THURSDAY	July.20 FRIDAY	July.21 SATURDAY	July.22 SUNDAY
D I N N E R	Cream of Carrot	Mushroom Soup	Chicken Noodle Soup	Macaroni Soup	Cream of Chicken	Barley Soup	Bean Soup
	Turkey Chili	Roast Beef	Pork Chops Fried Onions Apple Sauce	Turkey Steak	Salt Fish Pork Scraps	*Hawaiian sausage *	Bake Ham
	Corn Bread	Roasted Potatoes Julienne Carrots	Mashed Potatoes or Baked Potatoes	Mashed Potatoes	Mashed /Boiled Potatoes Turnips	Mashed Potatoe Rice Pilaf	Scalloped or Mashed Potatoes
	Choc Cake	Pears	Broccoli tapioca Pudding	Brussel Sprout Fruit Cocktail	Jello	Green Beans Mandarin Orange	Kernel Corn Lemon Pie
S U P P E R	Cream of Carrot	* Fish Chowder	* Chicken Noodle Soup	* Macaroni Soup	* Cream of Chicken	* Barley Soup	* Bean Soup
	French Toast	Rolls	Egg Sandwich	Pizza	Hamburger / Bun Salad	Chicken on bone Potato Salad Cole slaw	Fish Cakes Chow chow
	Sausage	Cottage Pudding	Salad	Banana Bread	Strawberries	Vanilla Pudding	Apple Sauce
	Fruit Cocktail		Peaches				

Menu may change without notice

HS Snack Menu						
Cookies	Toast	Nutri Bar	Rice Kripie squares	Cheese & crackers	Toast	Pudding or Yogurt